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Alex J. Schaffer, O.D.

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HEARING SERVICES
AVAILABLE

ASK THE DOCTOR

MEET DR. LLINAS

SPOTLIGHT:
*SELECTIVE LASER
TRABECULOPLASTY
(SLT) FOR
GLAUCOMA*

Complimentary Hearing Services Available

Eye Can Hear Services help restore patients' quality of life.

We are excited to be able to help you hear better as well as see better! Our new Eye Can Hear program screens patients age 58 and over for hearing loss at their annual eye exam. This complimentary service takes only a minute or two. If hearing loss is detected, your doctor will recommend

a visit with our hearing specialist in our east Setauket office. He will do a complimentary full hearing evaluation which takes about 1 hour and advise you of the results. Hearing loss is often left untreated and can cause those with hearing loss to withdraw from family members and social situations. This can lead to anxiety and depression.

Advances in hearing aid technology have made today's hearing aids comfortable and easy to use. This new service has been well received by our patients, especially those who have had their hearing loss treated and have immediately seen the improvement in their quality of life that comes with being able to hear properly.

Ask The Doctor: Alexander Llinas, M.D., Ph.D.



What is Glaucoma and how do I know if I have it?

"Glaucoma is a disease of the eye that causes a buildup of pressure inside the eye. There are many types of glaucoma, but the two most common are due

to a blockage of the drainage system due to cataracts or a breakdown of the drainage system itself. These conditions are more common in people over the age of 45 and are treated with drops or surgery or both. There

may be no symptoms until the vision is permanently lost, which is why it is important to have your eye, or intraocular, pressure checked annually, especially if you have a family history of glaucoma and/or cataracts."

The Ophthalmic Center is proud to offer **complete eye care for the entire family** provided by Vincent Basilice, M.D., Medical Director, Retinal specialist Dr. Crapotta, Corneal specialist Dr. Connors, Glaucoma specialist Dr. Llinas, General Ophthalmologist Dr. Giamos and our Optometrist Dr. Schaffer.

MEET DR. LLINAS

Alexander Llinas, M.D., Ph.D. specializes in the treatment of glaucoma, both medically and surgically. His education has been quite extensive, receiving his Bachelor of Arts degree from New York University. He attended St. Andrews University, one of the oldest and most prestigious universities in the United Kingdom, where he received a Ph.D. in molecular biology. Dr. Llinas received his Medical Doctorate from New York University School of Medicine in Manhattan.

His training in ophthalmology has also been quite extensive, attending Yale University, Nassau University and Stony Brook University during his residency. Finally Dr. Llinas attended New York Eye and Ear Infirmary in Manhattan and trained with the world renowned glaucoma specialist Dr. Robert Ritch.

Warmest Congratulations to the following Ophthalmic Center staff member:

Jackie Romano, Front Desk Supervisor, on her new 20/20 vision!
Jackie had Lasek surgery with Dr. Basilice on January 4th



Spotlight: *Selective Laser Trabeculoplasty:* Glaucoma treatment can eliminate the need for drops



Glaucoma is a chronic condition that is generally treated with eye drops. These drops can be very expensive, even with a prescription plan. Compliance can also be a problem as patients may forget to

use their drops or have trouble administering them. A laser procedure called SLT can lower the pressure without the need for long term medication or multiple medications. The procedure is

painless and is performed in our office. If you have Glaucoma and would like to reduce or eliminate the need for eye drops, please ask to be evaluated for SLT.



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