

**Suggested Use:** Take a total of four capsules daily, with meals.

**Note:** Pregnant or lactating women or individuals with medical conditions should consult a physician before using.

MacularProtect Complete AREDS2 contains 80 mg of zinc, a level that was found to support eye health in the AREDS and AREDS2 clinical trials. Check with your physician prior to taking MacularProtect Complete® AREDS2 to ensure that this level of zinc is appropriate for you. Keep out of the reach of children.

Supplement Facts		
Serving Size 4 Capsules	Servings Per Container 30	
	Amount Per Serving	%Daily Value
Vitamin A (from retinyl palmitate)	500 IU	10%
Vitamin C (as ascorbic acid)	750 mg	1,250%
Vitamin D (as cholecalciferol)	900 IU	225%
Vitamin E (from d-alpha tocopheryl succinate and mixed tocopherols)	400 IU	1,333%
Thiamin (vitamin B1 from thiamine hydrochloride)	4.5 mg	300%
Riboflavin (vitamin B2)	5 mg	294%
Niacin (as niacinamide)	10 mg	50%
Vitamin B6 (from pyridoxine hydrochloride)	20 mg	1,000%
Folate (50% from folic acid, 50% from calcium folinate)	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	100 mcg	1,667%
Biotin	100 mcg	33%
Pantothenic Acid (from calcium pantothenate)	12.5 mg	125%
Calcium (from calcium carbonate)	100 mg	10%
Iodine (from potassium iodide)	75 mcg	50%
Magnesium (from magnesium oxide)	100 mg	25%
Zinc (from zinc oxide)	80 mg	533%
Selenium (from selenomethionine)	70 mcg	100%
Copper (from copper oxide)	2 mg	100%
Manganese (from manganese amino acid chelate)	2.5 mg	125%
Chromium (from chromium polynicotinate)	100 mcg	83%
Molybdenum (from molybdenum amino acid chelate)	37.5 mcg	50%
Taurine	100 mg	†
Acetylcysteine (N-acetyl-L-cysteine) (NAC)	75 mg	†
Lemon Bioflavonoids (50% hesperidin complex)	50 mg	†
Quercetin	50 mg	†
Turmeric (95% curcuminoids)	25 mg	†
Alpha Lipoic Acid	20 mg	†
Ginkgo Leaf Extract (24% ginkgolflavone glycosides)	20 mg	†
Bilberry Fruit Extract (25% anthocyanidins)	15 mg	†
Grape ( <i>Vitis vinifera</i> ) Seed Extract (95% proanthocyanidins)	15 mg	†
Lutein (FloraGLO®)	10 mg	†
Lycopene	2 mg	†
Trans-Resveratrol	1.25 mg	†
Boron (from protein hydrolysate)	1 mg	†
Zeaxanthin	2 mg	†
Vanadium (from vanadyl sulfate)	15 mcg	†

† Daily Value not established.  
**Other Ingredients:** Gelatin, Water, Silica and Magnesium Stearate.  
 FloraGLO® is a registered trademark of Kemin Industries, Inc.



# MacularProtect Complete® AREDS2

- ▶ Convenient, all-in-one formula provides powerful protection for macular and whole body health – no additional multinutrient is needed
- ▶ Based on the AREDS and AREDS2 clinical trials and other advanced scientific research
- ▶ Beta-carotene free – appropriate for both smokers and non-smokers
- ▶ Features AREDS2 levels of lutein (10 mg) and zeaxanthin (2 mg)
- ▶ Includes a robust multinutrient component with optimal levels of 30 additional nutrients, including a diverse array of key antioxidants
- ▶ Manufactured in NSF®-certified facilities from the finest quality, bioavailable ingredients
- ▶ Formulated by doctors and nutritional scientists
- ▶ 30 day money-back guarantee

MacularProtect Complete AREDS2 is available from eyecare practitioners or directly from ScienceBased Health.



1.888.433.4726

www.SBH.com

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# Powerful Protection

## for Macular and Whole Body Health

# MacularProtect Complete® AREDS2 Capsules

Formerly MacularProtect Complete-S



AREDS2-based formula plus comprehensive multinutrient  
 Beta-carotene free

Now for non-smokers and smokers



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



MacularProtect Complete® AREDS2 combines powerful protection for your sight with comprehensive multinutrient support for overall health.

### Science-Based, Simple & Convenient

Safely combining different supplements to support both macular and whole body health can be complicated. MacularProtect Complete AREDS2 is an all-in-one formulation that offers a simple solution to help protect vision and the whole body.

### Powerful Protection for Your Sight

MacularProtect Complete AREDS2 is based on the findings of the Age-Related Eye Disease Study (AREDS) as well as the AREDS2 clinical trial, and also reflects other advanced science. The AREDS trial showed that high-risk patients taking supplemental antioxidants with zinc had a significantly better chance of retaining their vision.

MacularProtect Complete AREDS2 delivers the antioxidant nutrients vitamins C and E, zinc, and copper that were included in AREDS, but replaces beta-carotene with the levels of lutein and zeaxanthin now recommended by the National Eye Institute based on the AREDS2 findings. The formula is appropriate for those

who should avoid high beta-carotene intake, particularly current and former smokers.

### Advanced Science: The Role of Lutein

Research points to a critical role for lutein and zeaxanthin in maintaining macular health. Concentrated in foods such as spinach and kale, they form the yellow pigment of the macula lutea, the area at the center of the eye's retina where the sharpest central vision occurs. Studies suggest that regular consumption of lutein and zeaxanthin contributes to the density of this protective macular pigment.

The latest research from the second AREDS trial (AREDS2) indicates that supplemental lutein and zeaxanthin are of the greatest benefit to those with low dietary intakes of these nutrients. A substantial portion of Americans typically consume less than 2 mg of these carotenoids daily, well below the levels studied in AREDS2. MacularProtect Complete AREDS2 provides a balanced ratio of lutein and zeaxanthin that reflects how they occur in our diet.

### The Importance of Multinutrients

Staying healthy as we grow older is just as important as preserving our eyesight. That's one reason why most experts now recommend a daily multivitamin for all adults. Taking a well-rounded multinutrient supplement can improve quality of life as we age, helping to maintain our natural immune defenses, and supporting normal mental activities such as concentration and short term memory. MacularProtect

Complete AREDS2 contains a full range of essential vitamins and minerals that your body needs to perform at its best. It supplies a potent level of vitamin B12, which can be difficult for mature adults to absorb. Along with folate and vitamin B6, B12 is important for macular and cardiovascular health as well as a healthy mental outlook.

### Emerging Science: More Key Nutrients

Evidence clearly shows that eating a diet rich in fruits and vegetables reduces the risk of many chronic diseases. MacularProtect Complete AREDS2 provides many of the nutrients at the forefront of nutrition and health research, such as the important antioxidant lycopene – concentrated in tomatoes, and protective bioflavonoids from such diverse sources as bilberry, grape seed, Ginkgo biloba, citrus, and quercetin – found in apples and onions.

References available at: [www.SBH.com/MPCref](http://www.SBH.com/MPCref)

### Ordering MacularProtect Complete AREDS2

MacularProtect Complete AREDS2 is available for purchase through eye care practitioners, by calling Customer Care at: **1.888.433.4726** or online: **SBH.com**.

