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MARCH Newsletter

Ask the doctor: Michael S. Conners, M.D., Ph.D



“What causes eye allergies?”

Allergic conjunctivitis is the most common allergic eye disorder. This condition is usually seasonal and is associated with hay fever. The main cause is pollen, although indoor allergens may affect the eyes any time of year. The most common eye allergy symptom is itchy eyes, which may be accompanied by one or more of the following: redness, tearing, burning, watery discharge, and eyelid swelling.

Many people believe that their systemic allergy medication can provide them relief from all their allergy symptoms, but often the eyes need something more. Systemic medication can also cause the eyes to become very dry, so often adding an eye drop is the better option. If an over the counter antihistamine drop doesn't help you, such as Naphcon A, - the treatment of choice for allergic eyes could then be cured with a prescription antihistamine drop such as Pazeo. More severe conditions may require a topical steroid drop.

Happy Birthday to those celebrating in March – Along with our staff members: Benjamin, Brittany & Ashlee!





Luck Of The “Eye”-Rish

DID YOU KNOW?

Up to 40 million people experience dry eye symptoms. It is the top reason people visit eye care professionals! Causes of dry eye could be linked to computer usage, contact lens wear, heaters, illness, or medications. If you are experiencing burning, itchy, or watery eyes – treatments are available. Ask your eye doctor today!



What Dr. Basilice’s Wife, Dahna, Knows For Sure:

“The important thing in life is not the triumph, it’s the struggle.”

-Pierre De Coubertin (Founder of the Olympic Games 1896)



Happy St. Patrick's Day

