



JULY

NEWSLETTER



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Reasons to wear sunglasses this summer

Sunglasses protect against;

- Cataracts
- Skin cancer
- Glaucoma
- Pterygiums
- Macular Degeneration



Did you know?

~An estimated 20% of cataracts are caused by excessive UV exposure~



What causes dry eyes?

“Dry eye” remains a major cause of visual disturbances for many patients. This condition which affects women, more than men, is often the result of increasing age, environmental changes, contact lens wear or systemic medication. Patients often complain of vision fluctuation, burning feeling, foreign body sensation, and/or eye discomfort. Many therapies exist for the treatment of dry eye, including the use of artificial tears and nutritional supplements; such as HydroEye, Restasis, and punctual plugs. If you or a family member or even a friend, suffer from dry eye, red eye, or keratoconjunctivitis sicca, you should contact your eye doctor.



Happy 4th of July
from our family to
yours!!!



Happy Birthday to all those celebrating in July; including these members of our staff!
Dr. Llinas, Raquel, and Jessica Christine!

What Dr. Basilice's Wife, Dahna knows for sure:

“For beautiful eyes, look for the good in others; for beautiful lips, speak only words of kindness; and for poise, walk with the knowledge that you are never alone.”

-Audrey Hepburn

