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Medical Director



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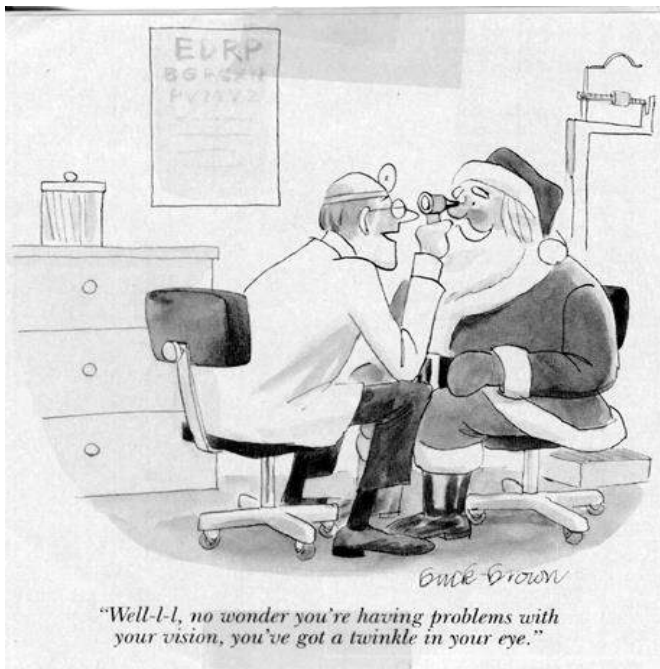


## Winter - "Eyes" with HydroEye

During the winter months many patients complain that their eyes feel uncommonly dry and irritated. This condition may be exacerbated by the drying effects of indoor heat and the lack of humidity in the outside air. **A powerful and a natural approach is here!** HydroEye capsules are available for purchase in the office and provide

continuous relief from dry eye discomfort. Hydro eye is a unique oral formulation containing blend of omega-3 and omega-6 fatty acids, antioxidants and other nutrients that work together to support a healthy tear film. HydroEye works from the inside out by delivering this blend to support proper tear secretion and a healthy tear film.

secretion and a healthy tear film. Results are typically experienced within 30-60 days, although many experience relief sooner. Consistent use may also allow you to stop any drops you are currently taking for your dry eyes, your doctor will advise you when to do this. The makers of HydroEye, Science Based Health, offer a 60 day money-back guarantee if you do not see (and feel) improvement!



*Eric Brown*  
"Well-I-I, no wonder you're having problems with your vision, you've got a twinkle in your eye."



As a result of seasonal changes in light levels, reindeer eyes adapt. Their tapetum — the part of the eye behind the iris — changes color from **gold** in the summer to **blue** in the winter.





## *Am I a candidate for Lasik?*

*Let's ask Dr. Basilice*

"In general, the ideal age of a patient to be a candidate for LASEK is 18 or over. The requirements start with healthy corneas and an eyeglass prescription that has not had a significant increase or change in the last year. There is no maximum age for Laser Vision Correction however; if you have signs of progressive cataracts another option for you would be Refractive Cataract Surgery. This too, can help to eliminate eyeglass use. People with certain medical conditions, chronic consumption of certain systemic medication and are/or trying to get pregnant are usually not candidates.

Our Visx Advanced CustomVue laser has been FDA approved to correct up to the eighth order of visual aberration; including all types of prescriptions; high amounts of near sightedness, farsightedness, astigmatism and mixed astigmatism, therefore, majority of people who wear eye glasses for distance are candidates for Laser Vision Correction."



**HAPPY  
HOLIDAYS**

*Merry Christmas and  
Happy Holidays from TOC  
EYE!*



*What Dr. Basilice's wife,  
Dahna, knows for sure:*

**"You are not the end all or be all.**

**There is a higher power you  
must be faithful to and be  
obedient to."**