



January Newsletter

Ask The Doctor: Alex Schaffer, O.D.



What is Dry Eye?

“Dry eye occurs when our eyes do not produce enough tears, or the tears produced do not have the normal chemical makeup to lubricate our eyes properly. Dry eye symptoms include scratchy, gritty, burning sensation, excessive watering, itching, redness, increased sensitivity to light, and fluctuation in the quality of your vision. Normally, the body produces two types of tears. Lubricating tears help keep your eyes moist and help fight infection. The tear film contains layers of fluid, mucus, and oil. Dry eye can occur when any one of these layers do not contain the necessary nutrients.”



HAPPY NEW YEAR
FROM OUR FAMILY TO
YOURS!



DO YOU HAVE CATARACTS?



NEW TRIFOCAL IOL TECHNOLOGY IS NOW AVAILABLE



AcrySof® IQ PanOptix®
TRIFOCAL IOL
TRIFOCAL TORIC IOL

The AcrySof® IQ PanOptix® Trifocal IOL is a new cutting-edge multifocal IOL that optimizes intermediate vision without compromising near and distance vision. The PanOptix Trifocal IOL focuses images clearly on the retina at the back of the eye. This allows for sharp vision after cataract removal. Most people are thrilled to have better vision after cataract surgery than they've ever had before! This new lens uses ENLIGHTEN® Optical Technology to achieve this. With today's lifestyles, people want to view mobile devices and computer screens. They also want to have high-quality distance vision in a variety of lighting conditions. The center of the PanOptix lens offers better near (reading) and intermediate (computer) vision than a monofocal lens can provide.

Quotes of the Month

A mistake repeated more than once is a choice.

-P.Coelho-

You don't need self help books,

All you need is action + discipline.

Happy Birthday to those celebrating in January, and to our staff member:

Mary Jo



Did you know?

Penguin's eyes adapt to see clearly both in air and under water. Penguins can see in color, yet they are sensitive to blue and green wavelengths. In addition, they are sensitive to ultraviolet light.



On The Lighter Side

1 Day of Coal,

364 Days of Fun.

I'll Take My Chances.

